

## For Those Diagnosed with COVID-19

- From May 8, 2023, the rules regarding COVID-19 precautions have changed.
- There will no longer be notification coming from the public health center.
- Examination and medicine expenses will be borne by the patient.
- Please refrain from seeing other people for 5 days after feeling sick.

### ★Rules for recuperation

- Refrain from seeing other people for 5 days after feeling sick, and wear a mask for 10 days after feeling sick.

If you are still feeling unwell after the fifth day, take another day off until you feel better.

- Follow the instructions of your school or workplace when deciding whether to go to school or work.

### ★ Consultation during recovery

- If you want to go to the hospital, please contact the hospital where you were diagnosed with COVID-19.
- It is recommended that you go to the hospital or clinic you usually visit.

### ★Consultation in English

- If you have a problem and want to consult, please call. You can consult in English.

**New Coronavirus Multilingual Consultation Hotline**

**Phone number 0120-997-479**