

# For Patients Recovering at Home

## Precautions during a home recovery

- **Do not leave the house while you are recovering at home.**
- Stay in a separate bedroom from non-infected members of household.
- Wear a mask even inside the house when you leave your room.
- Wash your hands frequently and disinfect items and areas that you touch.
- Do not drink alcohol nor smoke while doing your home recovery.



## Health management during home recovery

- **Answer the daily health check phone call** during your home recovery.
- Check your temperature and oxygen level (SpO<sub>2</sub>) and report it together with any symptoms that you may be experiencing during the daily health check phone call.
- **If you are experiencing difficulty in breathing, blue lips, dizziness or any other symptoms, please call 119.**



## Precautions for people living in the same household

- **All members of household must wear a mask inside the house.**
- Limit the interaction with the patient.
- Wash your hands frequently and disinfect items and places frequently touched.
- Ventilate the bathroom and toilet shared with the patient.
- Do not share utensils and towels with the patient.

