

## Q&A for Mt. Fuji climbers who want to climb from Shizuoka prefecture

1 When is it possible to climb Mt. Fuji?

You can climb Mt. Fuji safely from July 10th to September 10th.

The lodges are open during summer.

2 Is it easier to climb Mt. Fuji at night?

It becomes cool at night, but it's not easy to climb.

It's dangerous because it's cold and dark at night.

3 Please tell me the altitude of each trail.

- Fujinomiya trail 2,400 meters high
- Subashiri trail 2,000 meters high
- Gotemba trail 1,440 meters high

4 What should you do to avoid altitude sickness?

- Please take an hour break when you arrive at 5th station.
- Please drink plenty of water.
- Please climb down the mountain if you got altitude sickness.

5 Do you need a reservation to stay at a lodge?

Yes, you **MUST** make a reservation.

Please be sure to contact the lodge when you want to cancel it.

6 Can you take stones and flowers on Mt. Fuji?

No, you can't take them. It's banned by the law.

7 What should you do not to get lost?

Please check the color of your trail before you climb.

The color of the sign on each trail is different.

○Outfit and what you need when you climb Mt. Fuji

**【Outfit】**

Hat

Long-sleeved shirt

Pants

Underwear

Work gloves

Thick socks

Mountain-climbing boots

Backpack

**【What you need】**

Rainwear

Head light

Something to drink

Helmet

Plastic bag

100 yen coins

Surgical mask

Emergency blanket